



UCAM
UNIVERSIDAD
CATÓLICA DE MURCIA

SPORTS SUMMER PROGRAM

SPANISH LANGUAGE & CULTURE INTENSIVE COURSE





WELCOME TO UCAM, UNIVERSIDAD CATÓLICA SAN ANTONIO DE MURCIA



José Luis Mendoza Pérez
President of UCAM

Our campus is strategically located in Murcia, south-east Spain. With more than 15,000 students and over 1,000 professors we are continually expanding worldwide to make one of our main objectives a reality: to promote a human and high quality university education, with representative presence in all continents. UCAM has a friendly and international environment in a wonderful Mediterranean framework.

UCAM has a friendly and international environment in a wonderful Mediterranean framework, and is proud of having representatives in all five continents. The University's international vocation propels us to collaborate with universities from all across the world at every educational level: research, exchange of students and professors, and the creation of international bachelor's and master's degrees in all specialties.

At UCAM you will experience the dynamism and enthusiasm of the university community, the first-class teaching facilities, the picturesque surroundings of the Jerónimos Monastery, and a sports structure including 21 elite teams competing at top international level. The Catholic and universal ethos of our campus provides a great opportunity for self-development and practice of personal responsibility.

Welcome to Spain, welcome to UCAM.

UCAM INTERNATIONAL SPORTS SUMMER PROGRAM

- **Venue:** UCAM Campus (Murcia)
- **Duration:** 10 days
- **Teaching hours:** 26 hours
- **Timetable:**
09.30-13.30 (with 30 minutes break and lunch after classes), Mondays to Fridays
- **Dates:**
July 15th arrival to Madrid -
July 24th departure to China

- **Fee:** €2,000*
(accommodation in hotel,
breakfast included)

**terms and conditions apply*

COURSE FEE INCLUDES

- Visit Royal Spanish Football Federation
- Santiago Bernabeu Tour (Real Madrid Stadium)
- Dinner in Madrid
- Farewell Dinner last day
- 1 Professor / tutor for free
- Accommodation (triple or double room upon availability)
- Breakfast and lunch
- Card for city bus or tram travel (Murcia city)
- UCAM welcome pack
- Murcia city guided tour
- Tours, excursions and transport



Sports Summer Camp hosted by an international university in a southern European and Mediterranean natural scenery.

An extraordinary opportunity to learn about Spanish sports culture and life.

In-depth experience The history, today, and experience of walking into Spanish sports, mainly in football.

In-depth and experience in Spanish football, and learn more about the world's leading football

To respond to the current needs of the sports phenomenon, amongst which includes the specialization of sports management professionals in each of the specific sports areas.

PROGRAM

1ST WEEK

SUNDAY

Arrival to Madrid and rest.
Dinner included.

MONDAY

10:00 - 12:00 Visit to Real Federación Española de Fútbol. Operating of football federation and national selections. History of Spanish Football.

12:30 Tour Bernabeu

LUNCH TIME

17:00 Departure to Murcia

TUESDAY

09:00 - 11:00 UCAM Tour

COFFEE BREAK

11:30 - 13:30 Universidad del deporte

LUNCH TIME

17:00 Murcia City Tour

WEDNESDAY

09:00 - 13:30 Cenizas Moutanins excursion

LUNCH TIME

16:30 - 18:00 Flamenco Dance

THURSDAY

10:00 - 13:30 Karting Alhama

LUNCH TIME

16:00 Crossfit Class

FRIDAY

09:00 - 11:00 Spanish Class - About Sports

COFFEE BREAK

11:30 - 13:30 Spanish Class - About Sports

LUNCH TIME

16:30 - 19:00 Basketball Training Season

SATURDAY

10:00 - 16:00 Paintball and Lunch

FREE TIME SHOPPING

Santiago Bernabéu Stadium, Madrid



2ND WEEK

SUNDAY

Excursion Beach Cabo de Palos: Boat tour, Snorkel, Visit the lighthouse, Museum. Lunch.

MONDAY

10:30 Visit La Manga Club

LUNCH TIME

16:00 Farewell Dinner

TUESDAY

10:00 Travel to Madrid, Lunch Included. Return to China by Night.

(schedule and timing subject to change)





Photos of Murcia by Javier Bernal - imQuality



Cartagena (Mediterranean Sea)



CITY OF MURCIA

The city of Murcia is the capital of the Autonomous Community of the same name. Murcia has a total of 400,000 inhabitants, being the seventh most populated city in Spain. The metropolitan area of Murcia spreads over 881 km². The Mediterranean Sea and Mar Menor are just 30 minutes away from the city. Murcia, inhabited since Neolithic times, was founded by Abderraman II in 825. In the 9th century it was an emerging place and a Capital City, with an important court of artists and scientists.

The archaeological remains founded bear witness to a busy commercial traffic in Roman and Visigoth times, when there were large numbers of people in the area. The Cathedral was built on the land occupied by the old Arabic mosque. The first stone was laid in 1338 but the Cathedral was not finished until October 1467. This caused a mixture of different styles: Gothic, Renaissance and Baroque, which with their own features, have turned the cathedral into a diverse work.

MURCIA AND THE MAR MENOR

The region of Murcia is located in the South-East of Spain, between Valencia, Andalucia and the Mediterranean Sea. Its two main cities are Murcia and Cartagena. One of the main attractions of this area is its Mediterranean climate. Due to its scarcity of rainfall, the average yearly temperatures is added to 18°C with more than 2,800 hours of sun a year. Another outstanding characteristic of the Region of Murcia is its geography. Over a stretch of just a few kilometers we can find natural parks, mountainous zones, Mediterranean woods, orchards and cultivation areas and, of course, more than 170 km of coast. This exceptional area is made up of protected areas, with autochthonous flora and fauna, small bays, rocky beaches, salt lakes, dunes and a wide variety of sandy beaches. It goes without saying that thousands of holiday-makers spend the months between May and October sunbathing, swimming and engaging in nautical sports on the beaches of the Mediterranean and Mar Menor.

The Mar Menor, with its 180 km² and 170 km of coast is the largest salt lake in Europe. This natural paradise of the Costa Cálida is unique for nautical and recreational activities, such as sailing, canoeing, and scuba diving. There are so many features to the Mar Menor that it has actually been referred as the 'largest swimming pool in the world'.



HOW TO ARRIVE AT UCAM

TRAVEL TO SPAIN BY PLANE

Murcia-San Javier Airport
40 km to the center of Murcia.

Alicante Airport
75 km to Murcia.

Valencia Airport
270 km to Murcia.

Madrid Airport
400 km to Murcia.

TRAVEL TO MURCIA

From Murcia-San Javier Airport

Option 1: Take a taxi to Murcia (approx. €50).
Option 2: Latbus 73 from the airport.

From Alicante Airport

Take Alsa bus to Murcia, available every 2 hours (€5.23).

From Valencia Airport

Take Alsa bus to Murcia, leaving at 9.45 and 13.30 (€30).

From Madrid Airport

Option 1: Take Alsa bus to Murcia,
leaving Terminal 4 (€30-€40).

Option 2: Go to Atocha Renfe in the
center of Madrid by Metro (€2).

Then take a Renfe train to Murcia (€40-€47).

TRAVEL TO UCAM FROM MURCIA

Option 1: by Bus

Take Latbus 44 A/B/D (available every 15/30 minutes)
or Latbus UCAM Directo to UCAM (€1.85).

Option 2: by Tranvia (tram)

Take the Tranvia (available every 10 minutes)
to Los Rectores/Terra Natura where you change
to the one with destination UCAM - Los
Jerónimos, available every 20 minutes (€1.40).

USEFUL CONTACTS

- Alsa: www.alsa.es
- Latbus: www.latbus.es
- Tranvia de Murcia (Tram):
www.tranviademurcia.es
- Renfe: www.renfe.es

LINKS


- UCAM Universidad Católica
San Antonio de Murcia
international.ucam.edu
- Vicerrectorado de Relaciones
Internacionales de la UCAM
www.ucam.edu/relacint
- Región de Murcia
www.carm.es
- Ayuntamiento de Murcia
www.ayto-murcia.es
- Concejalía de Turismo, Ferias y
Congresos del Ayuntamiento de Murcia
www.murciaciudad.com
- Murcia Turística
www.murciaturistica.es
- Mancomunidad Turística del Mar Menor
www.marmenor.net
- Festival Internacional La Mar
de Músicas de Cartagena
www.lamardemusicas.org
- Festival de Jazz de San Javier
www.jazz.sanjavier.org
- Portal de la Juventud Murciana
www.mundojoven.org
- Wine Tasting Jumilla
www.rutadelvinojumilla.com/v2/ing


SOCIAL NETWORKS

 /UCAM.International

 @UCAM_Global

 /portalucam

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